

BOOK SUGGESTIONS FOR THIS YEARS MTO:

This years Study Book:

Jonah: Navigating a Life Interrupted
by Priscilla Shirer

Priscilla recommends reading:

Iris: Trophy of Grace.
by Iris Blue
A New Kind of Normal
by Carol Kent
When I Lay My Isaac Down
by Carol Kent

Other books we will be reviewing:

One Thousand Gifts
by Ann Voskamp
Too Busy Not To Prayer
by Bill Hybels

Books are suggestions only. Purchasing a book is not a requirement.

But He said to me,

“My Grace is sufficient for you,
For my power is made perfect
In weakness”

Therefore I will boast all the more gladly

Of my weaknesses so that

The Power of Christ

May rest upon me.

2 Corinthians 12:9

The mission of the Mom's Time Out community is to create a place of refuge for moms in our community, learning about ourselves, our families, and each other in order become the **women** God designed us to be.



Please join us on Tuesday mornings starting September 13, 2011 at 9:15 am until 11:15 am. Childcare is provided; however, if you are able, we do ask for a donation of \$5.00 per week. In case of inclement weather, we usually cancel MTO if area schools are closed. If you are unsure, feel free to call or e-mail.



For more information please contact Alesha Burgess at 460.2394/ chitara30@hotmail.com, Erin Degraw 706.1301/erin.degraw@gmail.com and Karie Tacoma 914.5489 tacomamas@mac.com.

MOM'S TIME OUT

2011-2012
Brings you the year of...

GIRL INTERRUPTED



Interruption:

“Total loss of power for some period of time”.

Isn't this what it feels like when mothers get interrupted? Our plans for the day move intermittently, stopping and starting with the demands of our children, husband, co-workers, and, well, whatever power outage God sends our way? Interruptions and motherhood are synonymous. That is why this year at **MOM's TIME OUT** we are going to *redefine* “interruption” while learning to navigate life as a mother. That **Divine Interruption** you are facing? God will use it. His power is made perfect in our weakness (2 Cor. 12:9).

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| Sept 13 | Today we break bread together, greet old friends, and meet new ones over brunch. "Suspend" your typical routine, bring a dish to pass, and relax uninterrupted...maybe. |
| Sept 20 | Fresh for Fall: Feel your fashionable self has been disrupted? Take this Tuesday to learn about Fall Family Fun with a few tips on how to look like a Fashionista while frolicking. |
| Sept 27 | Jonah: Navigating a Life Interrupted - by Priscilla Shirer-God's call and your willingness to obey makes you significant..When Jonah heard a word from God—and finally yielded to it—his ordinary existence became extraordinary. |
| Oct. 1 | Nan Wetherbee and Diann Mendres two "prayer warriors" with a passion for Christ and his message of forgiveness share their life story. God interjected; everything changed. |
| Oct. 11 | Sarah Mokma discusses how an unbalanced diet can disrupt our health, will share some natural remedies for keeping the flu at bay this winter and even throw in a few winter beauty tips! |
| Oct. 18 | Jonah: Navigating a Life Interrupted - by Priscilla Shirer-Take a moment to examine our own lives for personal allegiance and purpose. Will we obey God vs running like Jonah? |
| Oct. 22 | Our Mommy time takes an intermission while we march our dressed-up kiddos in a "trick-or-treating" parade around church then resume for a "mommy's only snack" . |
| Nov. 1 | Wanda Hendrickson shares years of wisdom on managing our children's mis-behavior. |
| Nov. 8 | Learning to see interruptions as a GIFT is Ann Voskamp's speciality. This week we dive into the book "One Thousand Gifts" in an effort to see Community, Grace, and Joy in our everydayness. |
| Nov. 15 | Jonah: Navigating a Life Interrupted - by Priscilla Shirer-Our mess becomes His miracle. Repentance, Prayer, and Realignment. |
| Nov. 22 | Thanksgiving Break |
| Nov. 29 | Thanksgiving Break |



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| Dec. 6 | A SURPRISE! |
| Dec. 13 | Bring a dish to pass, we are interrupting the standard Christmas Heckling with a little community meal. |
| Dec. 20 | Christmas Break |
| Dec. 27 | Christmas Break |
| Jan. 3 | When life starts feeling broken and fitful--falling to our knees is where we receive our REST. Lets take a moment to examine prayer and how to apply that to a life filled with disruptions. |
| Jan. 10 | Our very own Karie Tacoma will chime in with a discussion on Homemaking and GreenLiving. |
| Jan. 17 | Jonah: Navigating a Life Interrupted - By Priscilla Shirer-The bible bulges with account after merciful account of individuals who'd blown it and yet were offered the clemency that only a compassionate God like ours could give. (http://www.womensbiblecafe.com/?s=jonah) |
| Jan. 24 | Amy Piersma engages us in a fun conversation about keeping our prayer life on track specifically through the use of prayer beads. |
| Jan. 31 | SURPRISE-- only God Knows what will happen during this Mom's Time Out! |
| Feb. 7 | As a mothers we rarely can break away for a exercise. Today we will examine how to quiet our minds for meditating on God's Word all while getting in a little YOGA muscle toning. |
| Feb. 14 | Romance? Passion? Do mothers know what those words mean? February and Love go hand in hand. Lets take a moment to remember what holding our husbands hand is like. |
| Feb. 21 | Jonah: Navigating a Life Interrupted - by Priscilla Shirer -What is Nineveh? What is your Nineveh? |
| Feb. 28 | FASTING: Doyle DeGraw will inspire us on the Lenten practice of fasting or the giving up of the something that comes between us and God. |

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| Mar. 6 | PRAYER/EXAMIN: Using Bill Hybel's book "Too Busy Not to Pray" as a reference we will once again examine prayer. |
| Mar. 13 | LECTIO: During this Lenten season let's be mindful of intentionally engaging the Bible despite the distractions that greedily devour our time. |
| Mar. 20 | Jonah: Navigating a Life Interrupted - by Priscilla Shirer -- Who are the Ninevites in your life? What are your concerns about sharing God's word with others? |
| Mar. 27 | HOSTIS: Get ready to put the Lenten Practice of Hospitality into motion as we interrupt the neighborhood with a little Mom's Time Out hospitality. |
| Apr. 3 | Service Project |
| Apr. 10 | Spring Break |
| Apr. 17 | Jonah: Navigating a Life Interrupted - by Priscilla Shirer -- We plan things then hope they work into God's Plan but God can not be managed. |
| Apr. 24 | Get ready for spring with a discussion on gardening with guest speaker Joan Huyser-Honig. Bring your questions and get ready to get dirty. |
| May 1 | Service Project |
| May 8 | SURPRISE!! |
| May 15 | Our Year-End Breakfast out! Drop your kids off and get ready to carpool for a final time of fellowship. |

"Interruptions only become positive when we consider the person or the circumstance interrupting to be more significant than that which currently occupies our attention" Priscilla Shirer, Jonah "Navigating a Life Interrupted"